



FALL SAVINGS

PROVIDING CANADIANS WITH
Premium Health Supplements Since 1965



Energy You Can Count On!

Ferritin+™, a NEW breakthrough iron supplement

- Helps prevent iron deficiency anemia
- Helps pregnant women meet the recommended intake for iron
- Non-constipating, side-effect-free absorption
- Controlled release iron for consistent energy
- Made with organic peas
- Just one capsule per day



26⁹⁹

Ferritin+
30 caps



~ Kelly, Nova Scotia, Canada ~

“After 6 weeks of taking these, my daughter's hemoglobin level went up from 97 to 123! Ferritin level went from 1 to 6.9! We are very pleased as her symptoms of Anemia have decreased.**”

**Vegan + Gluten-Free
+ Non-GMO**

Wellness Essentials

Add Iron+, Bone Health+, and Daily Multi Essentials+ to your routine!

Bone Health+

- Provides a 2.5:1 ratio of calcium to magnesium

Iron+

- Helps prevent iron deficiency anemia and associated tiredness and fatigue

Daily Multi Essentials+

- Easily absorbed liquid, vitamin and mineral formula

51⁹⁹

Wellness 3-Pack (Bone Health+ 236 mL, Iron+ 240 mL, Daily Multi Essentials+ 226 mL)



NPN 80111415

NPN 80106509

NPN 80110475

Product availability and pricing may vary.

PRICES IN EFFECT October 29 - November 27, 2022

Support Your Immunity

- Relief from cold & flu symptoms
- Antioxidants & vitamin C
- Delicious & convenient
- Just mix In your smoothie or juice!



NPN 80093508

NPN 80094229

NPN 80076242



~ Diana ~

“This is my very favourite elderberry syrup, I work at a health food store and I have tried lots of them. Goes down easy Not too sweet, it does the job, it will keep you well!”

20⁹⁹ Elderberry Crystals
50 g

15⁴⁹ Elderberry+ Liquid
Formula Kids 250 mL

15⁴⁹ Elderberry+ Liquid
Formula 250 mL

27⁹⁹ Elderberry+ Liquid
Formula 500 mL

28⁹⁹ Acerola Powder
50 g

Kid's Multi Essentials+ & Daily Multi Essentials+

- Easily-absorbed liquid vitamin & mineral formula
- Formulated with an antioxidant blend of astaxanthin, organic elderberry and acerola powders
- With A, C, D₃, E & B vitamins
- Calcium and magnesium in bioavailable citrate form
- In a delicious base of fruit juices and herbs
- No artificial colours or flavours

Vegan + Yeast & Gluten-Free

8⁹⁹

Kid's Multi
Essentials+ 80 mL

18⁹⁹

Kid's Multi
Essentials+ 226 mL

28⁹⁹

Daily Multi
Essentials+ 445 mL



Made in Canada

NPN 80110475

Reclaim Your Energy with Iron+™

Iron+™ with B-Vitamin Complex

- Helps prevent iron deficiency anemia and associated tiredness and fatigue
- Includes a range of B-complex vitamins that support energy production
- Delivered in a delicious base of fruit juices and whole foods

Non-Constipating + Vegan
+ Yeast & Gluten-Free



Made in Canada

NPN 80106509

8⁹⁹

Iron+ Liquid
80 mL

18⁹⁹

Iron+ Liquid
240 mL

28⁹⁹

Iron+ Liquid
445 mL

18⁴⁹

Iron+
60 caps

Bone Health+

- Provides a 2.5:1 ratio of calcium to magnesium
- Includes calcium's helper nutrient, vitamin D, to help ensure proper utilization of calcium
- Offers trace minerals from ocean mineral concentrate and horsetail herb for holistic bone support
- Convenient liquid form in a delicious fruit juice base

19⁹⁹

Bone Health+
236 mL

34⁴⁹

Bone Health+
473 mL



Made in Canada

NPN 80111415

Immune Health Begins in the Gut

with Flora Refrigerated Probiotics

Trust the company who started probiotics!



NPN 80022242 NPN 80022688 NPN 80022690 NPN 80022377

Find us in the cooler!

27⁹⁹

Toddler's 75 g

19⁹⁹

Kid's 60 caps

30⁹⁹

Adult's 60 caps

55⁹⁹

Adult's 120 caps

31⁹⁹

Senior's 30 caps

55⁹⁹

Senior's 60 caps

22⁹⁹

Super 5
60 lozenges

23⁹⁹

Super 8 Plus
30 caps

42⁹⁹

Super 8 Plus
60 caps

56⁹⁹

Super Bifido
30 caps

Cleanse at The Cellular Level

Combat oxidative stress!



NPN 80035222

NPN 80035176

- 8-herb formula developed to gently cleanse the whole body at the cellular level
- Supports your body's detoxification organs in removing toxins and provides antioxidants
- Can be used as a gentle cellular cleanse or as an integral part of your daily preventative health ritual
- Organic + Gluten-Free + Kosher + Non-GMO + Vegan



~ Anna ~

“I highly recommend this product. I use this often throughout the year as a gentle cleanse. I love the smell and taste of all the wonderful ingredients. I have been using this product for over 15 years. I also hope that they never stop making it**”

33⁴⁹

Flor-Essence®
500 mL

52⁹⁹

Flor-Essence®
941 mL

42⁹⁹

Flor-Essence® Dry
63 g

Build Immune Health at the Cellular Level!

Flor-Essence® with Turkey Tail & Turmeric

- Combines the great-8 herbs found in Flor-Essence® with Turkey Tail & Turmeric
- Detoxify & build cellular level immunity
- Whole-body Turkey Tail mushrooms utilized for their immunomodulating properties

Organic + Kosher + Non-GMO
Gluten-Free + Vegan



NPN 80097983

33⁴⁹

Flor-Essence® with Turkey Tail
& Turmeric 500 mL

52⁷⁹

Flor-Essence® with Turkey Tail
& Turmeric 941 mL

Plant-based, Vegan Omegas

Keto-friendly // Fish oil alternative

16⁴⁹ Udo's Oil® Omega
3+6+9 Blend 250 mL

39⁹⁹ Udo's Oil® Omega
3+6+9 Blend 180 caps

30⁹⁹ Udo's Oil® Omega
3+6+9 Blend 500 mL

20⁹⁹ Udo's Oil® 3+6+9
+ DHA Blend 250 mL

48⁴⁹ Udo's Oil® Omega
3+6+9 Blend 941 mL

36⁹⁹ Udo's Oil® 3+6+9
+ DHA Blend 500 mL

21⁴⁹ Udo's Oil® Omega
3+6+9 Blend 90 caps

Non-GMO + Organic + Vegan



FLAX
(omega-3)

SESAME
(omega-6
and -9)

SUNFLOWER
(omega-6
and -9)

COCONUT
(MCTs)

16⁹⁹

MGO 30+
250 g

31⁹⁹

MGO 30+
500 g

26⁹⁹

MGO 100+
5+ UMF 250 g

Mānuka Honey

100% Authenticated + Traceable

- UMF™-certified and MGO-graded
- 100% traceable - scan the NFC tag on the label to access batch, region, lab test and UMF™ certification info
- Sourced from an eco-friendly 100% Māori-owned honey operation in New Zealand



49⁴⁹

MGO 100+
5+ UMF 500 g

38⁴⁹

MGO 250+
10+ UMF 250 g

69⁹⁹

MGO 250+
10+ UMF 500 g

Non-GMO | Sustainable | Unpasteurized

48⁹⁹

MGO 400+
12+ UMF 250 g

94⁹⁹

MGO 400+
12+ UMF 500 g

78⁹⁹

MGO 515+
15+ UMF 250 g



Nature's natural antibiotic!

***Individual results may vary. Read the package for more information.*

All prices shown in flyer are sale prices. Prices, discounts and product may vary between retail stores.

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